

## Israel's Perils and a Path Forward

### What Can I do to help?

1. Call or email your elected officials and express your support when a vote is coming up, or when they did something to support Israel. We provided a link to find contact information on the back of this sheet.
2. These unfortunate events created local groups that operate to and support Israeli, Israeli democracy other causes, come and join a rally or find other opportunities to show your support. The groups usually communicate through WhatsApp and you can tune in and out as you need or as time allows. There are links in the back of this sheet to some of them.
3. If you are used to working with an organization or a charity already (Jewish Federation, AIPAC, Bonds...) , talk to them about their positions regarding Israeli democracy, support those organizations that are in line with those values and make your voice heard.
4. If you have skills that can help consider going to Israel and volunteering.

Thank you for coming to our talk and hope to see you in one of our activities!

**Help the Survivors of Nir Oz**

We are raising money honor of our beloved Ditzza Heiman, our stepmother/mother-in-law/savta, who was held hostage for 53 days. Please support the Kibbutz Nir Oz community, where we have visited for the past 35 years, heal and rebuild. Kibbutz Nir Oz we stand with you.

<https://my.israelgives.org/en/members/22756>

**Kaplan Force**

The coup against Israel's liberal democracy continues: The coalition's anti-democratic legislation poses a grave and imminent threat to the democratic balance of power in Israel.

Kaplan Force is now the sponsor of Israel's central protests in Kaplan, Tel-Aviv, attracting hundreds of thousands of democracy fighters every week.

<https://www.kaplanforce.org/en-us>

**War Room Philly WhatsApp Group:**

This is a quiet Call to Action group with updates about how you can help our efforts and in Philly in support of Israel and the ongoing war. We will post about gatherings, rallies, campaigns, donations and more.

<https://chat.whatsapp.com/IEkplrnt9NK17iFTdpS20j>

**UnXeptable Site**

Check out the UnXeptable site for updates:

<https://www.unxeptable.org/>

**UnXeptable Philadelphia WhatsApp Group**

Philadelphians protesting in support of Israeli Democracy. This is a “quiet group” intended for updates about upcoming events.

<https://chat.whatsapp.com/Im0S0PxpY2p2hCBFgkXT1B>

**Contact Your Elected Officials**

Get in touch with your elected officials and express support in Israel:

<https://www.usa.gov/elected-officials>

**Donation Links**

A site with places you can donate - <https://www.standwithisrael.co.il/>